

### BELL SCHEDULE

THURSDAY	FRIDAY
Block 1	ADJUSTED BELL SCHEDULE  Block 1
8:00-9:12	8:00-8:50
Block 2	Block 2
9:16-10:28	9:15-10:05
FLEX	Block 3
10:28-10:57	10:10-11:10  LOCKER CLEAN OUT
Block 3	LUNCH
11:01-12:13	11:10-12:00
LUNCH	Block 4
12:13-12:53	12:05-12:55
Block 4	Block 5
12:57-2:09	1:00-1:50
Block 5	Spirit Assembly
2:13-3:25	2:00-3:00 Dismissal 3:00



## **LOCKER CLEAN-OUT next Friday, Dec. 21**<sup>st</sup>

Reminder to students to clean out your lockers before Winter Break.

- → Take home that stinky PE strip to be washed
- → Take home those mouldy lunches that you have forgotten to eat





# Attention all Grads! This is the last week to submit your:



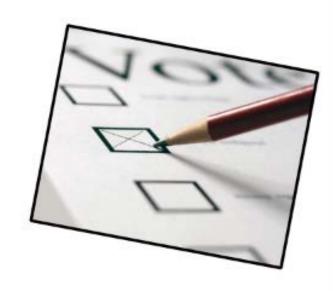
Baby PHoto

Id Like to thank

The sidewalk for keeping me off

The streets!





Grad Survey

See the link on the schools portal

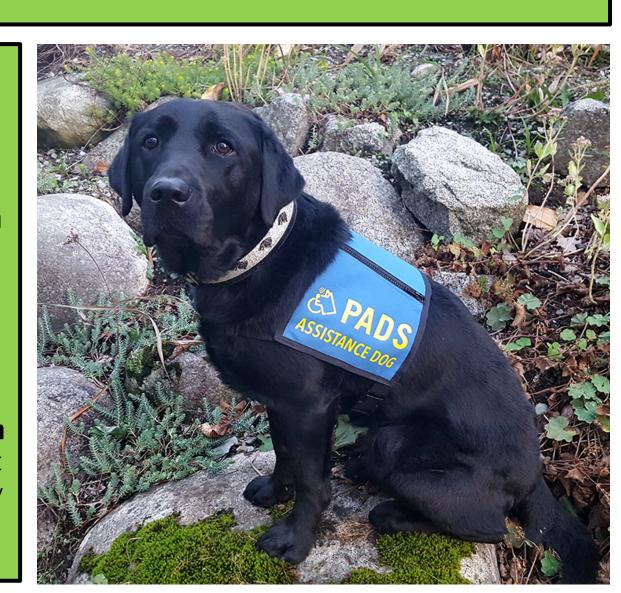
# Grade 12s – we have over 200 students who have NOT made any post-secondary selections with the Student Transcript Service.

- There are deadlines for post-secondaries to receive your transcripts. You cannot receive an offer if they have not received your grades!
- Find the website at this link: <u>https://www2.gov.bc.ca/gov/content/education-training/k-12/support/transcripts-and-certificates</u>
- Create a BCeID, then make your selections. There are YouTube videos on this site to walk you through it if you cannot remember how and what to do.
- This link, and the power point we showed, is also on the career centre website under post-secondary.
- Over the winter break is a great time to get this done. Please select any schools you think you might apply to, even safety schools!!

#### PADS FUNDRAISER (Pacific Assistance Dogs)

All money raised goes towards Pacific Assistance Dogs. We have two flavours: peanut butter and bacon oatmeal.

- Only small bags left which are \$2.00
- Please come to the Den anytime during the last week of school and buy the dog in your life a Christmas goodie.



Grand Hall -Thursday 20th -After School

# HOLIDAY COASTER AND BAKE SALE

BAKED GOOD: \$1.50

LASER ENGRAVED COASTER: \$3.00

2 BAKED GOODS + COASTER: \$5.00

## AMC 10 and 12 MATH CONTEST REGISTRATION DEADLINE - DECEMBER 21

- •25 Multiple Choice Questions in 75 min.
- Calculator permitted
- -Contest date is Thursday Feb 7, 2019
- **-Cost is \$10**
- •Please see Ms. Paisley in RM 232 or Ms. Wiebe in the Science Office to register.

## We need Socks & Gloves!

Can be new or 'gently' used.

Please bring socks and gloves to help the homeless stay warm through the winter.

Donations can be made in the box outside the main office.



#### HOLIDAY READING

Don't forget to pick up some reading materials before the break. You can borrow up to 10 items!







## KODIAK ATHLETICS



## KODDAK CLUBS



### Heritage Woods Assistance Dog

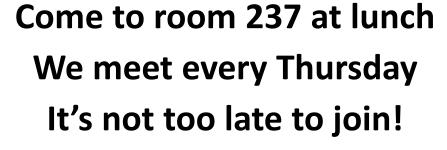
 "Brie" our Heritage Woods Assistance Dog will be here Thursdays at lunch in the counselling area. Come down and say "Hi"!!



### Heritage Woods Key Club



CARING-OUR WAY OF LIFE

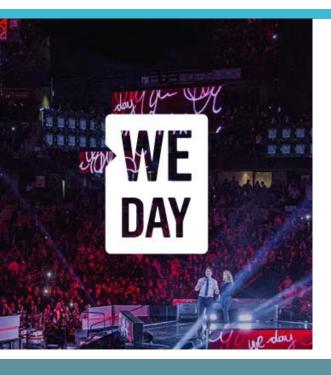








- OPPORTUNITIES TO PROVIDE SERVICE AND ENRICH YOUR SENSE OF COMMUNITY
- OLDEST AND LARGEST STUDENT LED PROGRAM FOR HIGH SCHOOL STUDENTS







## Meeting in the mat room THIS FRIDAY

ME TO WE CLUB

## HERITAGE WOODS ROBOTICS CLUB



Heritage Woods Robotics Club is hosting an event on Saturday Feb. 02. They are looking for volunteers to assist on Friday Feb. 01 after school with set-up for the event as well as volunteers for the actual event on Saturday Feb. 02 between 7:30am - 6pm. You do NOT have to volunteer for the entire day, unless you want to!

- Volunteers will be required to set-up the arena before the event begins as well as after each competition.
- If you are interested in Robotics/Engineering this would be a great opportunity to get some relevant volunteer experience as well as expose yourself to what is involved in Robotics.
- If you are interested in helping out please see Mr. Zhuang in room 217 to sign up or to get more details.

### Attention Ski/Snowboard Club Members



Want to shred at Apex Mountain?
Dates: Feb. 21-23
Sign up forms available in Room 314
See Mr. Moretti for details

### Want to shred at Blackcomb?



### Join the Ski & Snowboard Club

Space is becoming limited...

Jan. 26 – 10 spots left Feb. 2 – 9 spots left Mar. 9 – 15 spots left

## CAREER CENTER



# Are you still working on your Waterloo AIF? Wondering what to say? What about Rotman supplemental? Or are you in grade 11 and thinking about where you will apply next year?

- In addition to providing students with an efficient way to find scholarships that
  they are eligible for, Scholar Tree wanted to give prospective students some
  valuable insight from students who have walked their path before. Thus,
  the <u>ScholarTree Blog</u>
  <a href="https://scholartree.ca/blog?utm\_source=email&utm\_medium=email&utm\_campaign=school\_outreach\_0918">https://scholartree.ca/blog?utm\_source=email&utm\_medium=email&utm\_campaign=school\_outreach\_0918</a>
- The holiday break is the prime time when students decide which University/College they want to attend next year. That is why recently our blog has featured first-hand accounts from students of how they got accepted into some of the more selective programs like:
- How to get into Western Ivey and Rotman Commerce
- How to get into Waterloo Engineering
- How to get into McMaster Health Sciences
- The link for this blog is also posted on the career centre webpage under postsecondary.

http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/Post-secondary.aspx

# The One Blood for Life Foundation has exciting leadership opportunities for senior high school students passionate about healthcare.

- Canadian Blood Services is partnering with young leaders across BC to make a lasting impact on the Canadian Blood System for the coming decades. Youth leaders will be able to lead their own recruitment campaigns and provide valuable insight that will help guide provincial blood programs.
- After great success with a pilot project involving select secondary schools in Delta, Surrey, and Burnaby, applications are now being accepted for student leader positions from schools across the province. Successful applicants will have the opportunity to kickstart initiatives at their high schools, with 2 students from each school holding seats on a provincial youth council.
- Students will be provided with extensive training to organize their own stem cell drives, recruit blood donors, and lead volunteer teams in their schools and communities. They will also be invited to provincial council meetings, where they get to meet with other delegates from across BC to lead the next generation of global citizens in shaping the Canadian Blood System and international stem cell registries.
- Applications are now being accepted until December 30th and shortlisted applicants will be interviewed in late December and early January. There is an early deadline of December 23rd, where completed applications will be reviewed and these applicants will receive priority in securing seats as representatives of their schools and municipalities. Students from Grades 10-12 may complete the application online at: bit.ly/bcyouthcouncil

Interested in \$5000??

Apply to be <u>nominated</u> for the

## BC EXCELLENCE

CHOLARSHIP

One nominee from HWSS.

Completed applications due to Ms.

Butler or Ms. Martin by **3:30pm** 

February 01, 2019.

# Interested in \$5,000? Apply to be <u>nominated</u> for the BC Excellence Scholarship. One HWSS student can be nominated.

- To be considered you must hand in the completed application package to Ms. Butler or Mrs. Martin by Feb. 01, 2019 3:30pm.
- Full criteria, rules and the application are available at:

   https://www2.gov.bc.ca/gov/content/education-training/k 12/support/scholarships/provincial-scholarships/bc-excellence scholarships
- Your application must include:
- Resume in the mandatory format
- Two reference letters, one from your community and one from your school
- A written statement, maximum 500 words, which must describe:
  - What led you to your most relevant community service, volunteer activity, and/or leadership role, and
  - What you learned from this experience, and
  - How this experience will benefit you in your chosen career path.

# \*One student will be nominated! Due to Mrs. Martin or Ms. Butler by: Friday, January 11, 2019 by 3:30 pm!

For more information visit:

SchulichLeaders.com info@uja

Info@uja.schulichleaders.com

QUESTIONS: Please see Ms. Butler in the Career Center OR Ms. Martin in the Counselling Dept.

# The Beedie Luminaries Scholarship is a new scholarship for students who have faced financial adversity which may prevent them from attending post-secondary.

#### To be eligible for a Beedie Luminaries Scholarship, applicants must:

- Be a Canadian citizen or permanent resident for at least three years
- Reside in the Lower Mainland
- Be in Grade 12
- Have applied (or plan to apply) to a BC post-secondary institution or trade school for a full-time program commencing no later than September 2019 (only the selected eight institutions will be eligible in 2018/19 UBC, SFU, Capilano University, Kwantlen Polytechnic University, Langara College, Douglas College, BCIT and JIBC).
- Have a minimum overall grade average of 75% in their most recently completed school year
- Have faced financial adversity
- Use funding for a post-secondary institution, trade school or college
- Be endorsed by their school principal, a teacher or counsellor (required) and a community organization (optional). The letters of endorsement must be included with the application.
- The deadline to apply is <u>Feb. 15, 2019</u>. This scholarship is worth up to \$40,000 over a 4 year Bachelor's degree or \$15,000 for a 2 year college or trade diploma.
- → For more information visit: <a href="https://beedieluminaries.ca/">https://beedieluminaries.ca/</a>

## REPEAT NOTICES





Start your day in a relaxing way. Come to Room 231 Monday to Friday from 8:30 – 9:15
Coffee! Tea! Food!
Come listen to music

and relax before class